

# Mileage Club

So fast...we FLY!

**Starting January 4th *running* through March 3rd**

**This year we are taking off and running in a whole new way!**

Congratulations...you made it in the club! Well you and everyone else at Ashton! This year we've had to make some adjustments and changes to Mileage Club. In the past we would meet after school and could only accept about 150 students. But good news...now the entire school is able to participate!

Mileage Club is a way to introduce activity to students for wellness, fun and friendship...regardless of fitness or athletic ability. Whether your child is an avid runner or just likes to walk...this club is perfect for them! This year kids will be hitting the field during their scheduled PE day. Virtual learners, you can log your laps too via the app you have been using in PE called Marathon Kids. Through this app parents can check kids' progress as well. An email was sent out by Coach Majors with additional information.

The kids have already started using this app during PE and have been logging their running miles. Mileage Club will only be looking at the laps logged during the dates above. Tokens and top awards from Mileage Club will be given to those who have run the furthest during the Mileage Club dates. Again, kids will continue to log miles after, but Mileage Club will only record the logged miles from January 4th - March 3rd. Everyone will start from zero on the first day. Also, kids will only run on their scheduled PE days for about 15 to 20 minutes...and that goes for virtual students as well.

**So wear your tennis shoes and get ready to pound the pavement...well, the grass! Oh and the best part...there will be a POPSICLE PARTY at the end!**

We are so happy we can still offer this club even during these crazy times. Next year we will hopefully be back at it in our usual way and we'll need all you volunteer parents/grandparents/friends to come out and cheer on the runners. If you have any questions feel free to email us.

Mileage Club chairs:

Shannon Welling and Suzanne Parrish

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